**Zambia move back into top 100**

Zambia have returned to the top 100 of the FIFA world rankings thanks to a 4-0 victory over Swaziland.

Their progress is at the expense of Niger (104th, down 8 places), who were defeated 3-0 by Morocco.

In southern Africa South Africa is ranked 19, in Africa and 46 in the world. Botswana is ranked 21 (3rd), Malawi 3 (208) (86), Mozambique 24 (2019), Zambia 5 (227), Angola 6 (242), (104), Zimbabwe 7 (2247), Namibia 8 (383), Swaziland 9 (439) (439) (159); Lesotho 10 (4516).

Given this expected, there are no significant moves by African teams in the latest world rankings.

**Isaacs names Warriors squad for Maun**

Warriors squad for Maun

The team includes mostly players that were part of the international friendly match against Malawi in February, which was named on Wednesday.

The players are expected to meet for camp on Sunday March 13 at Safari Hotel in Windhoek.

The squad includes defenders Hartmann Torombo and Chris Katjukuan from Black Africa and Eleven Arrows respectively.

Other new names in the team include Sport Klub Windhoek goal-minder Epfrain Tjhonghe and Blue Boys striker Jordan Haimbili.

It is vital for us to prepare well for our African Nations Cup qualifiers and surely this game in Botswana will come in handy,” said Coach Isaacs.

He added that the match will allow him to try out new players with certain combinations to see who can be merged with the foreign eligibilities for the match against Burkina Faso on March 26.

"We have a great talent in our team and it is imperative that we put it to proper use in the match,” he said.

**Gladiators face Botswana for Independence Day**

The match to be played as part of Namibia’s 21st Independence Celebration at the Independence Stadium will help the team prepare well for the Namibia/Nigeria clash on March 20 in Windhoek.

The Brave Warriors caretaker coach Brian Isaacs has called upon 18 players that are to travel to Botswana for the international friendly match on March 16.

"It is vital for us to prepare well for our African Nations Cup qualifiers and surely this game in Botswana will come in handy,” said Coach Isaacs.

He added that the match will allow him to try out new players with certain combinations to see who can be merged with the foreign eligibilities for the match against Burkina Faso on March 26.

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**Football for Health to Start in May**

The Football for Health programme moved another step forward for the implementation process as FIFA Medical Assessment and Research Centre (F-MARC) officials visited Namibia last week.

Following the recent visit of FIFA’s chairman of Medical Committee Jiri Dvorak, Namibia had Head of the Research Centre, Astrid Junge and Deon Pillay, a Researcher with the F-MARC in Zurich and leader for the Football for Health Africa initiative.

"We came here for the further planning of the implementation of the Football for Health program and have met our partners the NFA and government" said Dr. Fuller., after meetings with the Ministries of Sport, Education and Health and Social Services.

He added that the pilot programme will run for four month starting late May in Windhoek before it will be taken throughout the country.

"We will be back for training of the coaches in this project in the first week of May and three weeks later the pilots schools will take it on"

**WINDHOEK — At least two minnows and one NPL relegation threatend team will be taking part for the N$600 000 cup competition. Today, Golden Bees, Rundu Chiefs and Blue Boys are proud to have reached the quarter final of the lucrative cup at the advantage of the top flight Namibia Premier League (NPL) and other Second Division teams that were eliminated from the Namibia cup knockout stages - which have initially started with 32 teams.

By the look of things, the 9th of April will be an abominous and nightmarish weekend for Golden Bees and Rundu Chiefs that are pitted against Black Africa and Eleven Arrows respectively at Mokati Stadium in Otjiwarongo.

However, the likelihood is that there will be a walkover for Black Africa and Arrows. There will be the first of the day at the edge of the Omuratako River in Otjozondjupa Region as the Lilliputians will mercilessly be deceived by the football giants.

The encounter between the Leo/NFA Cup reigning champion African Stars and Orlando Pirates is going to be a real humdinger and a spine chilling episode.

One of the giants will have to fall willily-nilly. Stars hope to repeat its last year’s feat as champions while Pirates dream to dethrone the champs, come April 10. It will be a Black Sabbath, that will produce blood, sweat and tears.

Both teams have huge followers that will undoubtedly turn the Independence Stadium in Windhoek a final look-a-like encounter.

The NFA Chief Executive Officer Barry Rutkoto extolled all participating clubs for the impressive discipline they displayed throughout the various knockout stages of the Leo/NFA Cup.

"These are the kind of participation that we want to see on the field of play throughout the year," Rutkoto quipped.

He further exhorted the media that "this was very impressive to cover the (Leo/NFA Cup) competition," adding that "everybody has contributed a lot".

**Football to start in May**

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By Dr. Fuller, June and Deon Pillay, a researcher with the F-MARC in Zurich and leader for the Football for Health Africa initiative.

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