

# Namibia Today Sport

## SON hosts unified basketball competition

By Kayele M. Kambombo

**WINDHOEK** - A very impressive opening ceremony of the third annual unified basketball competition was held at Dagbreek Special School on Wednesday in Windhoek.

The two days competition ended yesterday.

The opening ceremony looked like a real mini Special Olympics as the organizers and athletes followed the exact routine as is done at all Olympic Games.

The athletes marched into the basketball court displaying a huge banner of Special Olympics Namibia (SON), followed by the hoisting of the Olympics flag and lighting of the "Flame of Hope".

Stay-C Namases, Special Olympics Namibia National Director said "the Unified Basketball competition aims to create awareness about Special Olympics and to promote social inclusion amongst youth with and without intellectual disabilities".

There were 52 youth from Dagbreek School, Moreson Special School, Augustineum and the Physically Active Youth (PAY) Programme who showcased their skills in the two day event.

The athletes demonstrated that social inclusion amongst people with and without intellectual disability can be achieved through sport.

"This collaboration of the schools in the unified basketball competition is a testimony of the advancement of sports for all ability levels", said Namases.

Ndeulipula Hamutumwa, chairperson of the interim committee of Namibia Basketball Federation has



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officially opened the competition, whilst guests of honour Charles Nyambe and Frank Albin shared



Benadi Mulilo hoisting the Olympics flag

words of encouragement to the participating teams.

The Unified Basketball com-



Lars Goldbeck handing over the torch to Junior Steyn to lit the Flame of Hope.

petition was a joy to behold as athletes showed vigor and valor. Special Olympics Namibia will send a team to Special Olympics next year. This event was sponsored by First National Bank of Namibia.

CAPTION: Athletes and volunteers marching into the basketball court displaying a huge banner of Special Olympics Namibia



Stay-C Namases, Special Olympics Namibia National Director

## Local author releases PE and Sport book

By Levi Upula

**WINDHOEK** - One of the local journalists has released yet another physical education (PE) book to be used in Namibian schools. The book was launched this week in Windhoek.

Kayele McBride Kambombo an ardent sport lover and author of various sport and PE books has made history by compiling, drafting, writing and printing another physical education book for Grades 11-12.

His latest book is entitled *Physical Education and Sport for High School Learners for Grades 11 - 12* (Secondary Phase). "It is a superb compendium of physical education and sport that is applicability to a variety of sports disciplines", says Kambombo wittily.

This book gives you more variety and better results in an ideal physical education training programme.

This well-organized manual includes a number of illustrations to guide physical educators in accurately recreating the activity with their learners.

"This book will make anyone, be it teachers, learners, coaches and players/athletes in any sport codes to improve their strength, power, speed, endurance, flexibility, agil-

ity, and balance—the components of complete sports conditioning", Kambombo philosophizes.

Whether you are an athlete looking to maximize your performance potential or a coach trying to develop better conditioning workouts and programmes, you will appreciate the book's easy-to-use format. Illustrations accompany concise exercise descriptions and prescriptions.

*Physical Education and Sport for High School Learners - Grades 11 - 12* is quit possibly the most complete physical education manual ever. Beginners and experienced physical education teachers alike will appreciate the practical training advice.

Kambombo told *NamSport* that this book was approved by the National Institutional Education Development (NIED) to be used in schools. This book will officially be launched this week.

He is also the author of the following Physical Education books: *Physical Education: A Teacher's Guide from Kindergarten through to Grade 12* and *Physical Education in Action for Grades 1-7*. All of his PE books appear in NIED school books calendar for 2009-2011.

The sport passionate Kambombo is the Chairman of the Brave Warriors Supporters Club and holds a MA degree in Journalism and Mass Communication from the University of Tampere in Finland. He is also the author of *Sports: The New Equation* and *The Brave Warriors: From Toddlers to Warriors*.

He has attended numerous intensive courses in physical education in South Africa, Botswana and Namibia under the Commonwealth 2006 Sport Development Project—Africa, conducted by the Australian Sports Commission that qualifies him to be physical education instructor.

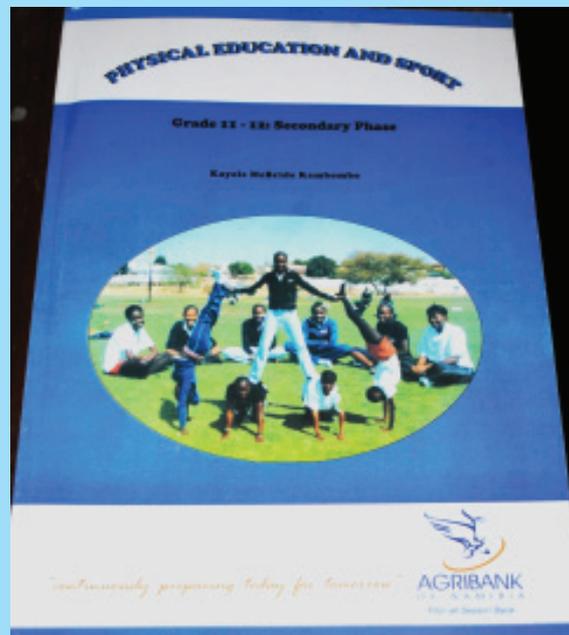
Kambombo has attained a

myriad of sport certificates and has also attended the Sport Leadership Course under the auspices of the International Olympic Committee.

He has worked for the then Ministry of Youth and Sport for eight years as Chief Sport Coordinator and thus has gained extensive experience in sport—a sport expert in his own right.

Kambombo now works for the Public Service Commission at the Office of the Prime Minister. For further information with regard to his books, he can be contacted at Tel: (061) 2873072; Fax: (061) 243491 and mobile: 081 241 4668 or

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The newly launched PE & Sport book

## As I See It

By Kayele M. Kambombo

### Hats off to Blue Waters

There is no slightest doubt in my mind that Blue Waters is a force to be reckoned with this season.

The coastal team lead by Lucky Shipanga gave a fantastic account of them when they took on Orlando Pirates at the Sam Nujoma Stadium in the fifth round MTC Premiership encounter.

Pirates won 3-2 but were not given their victory on a silver platter. Blue Waters were a better side in the second stanza as they were trailing 2-0 in the first canto.

One spectator quickly commented: "It's obvious that Blue Waters just rob other teams when they play at their home ground". To me that was an extremely stupid commentary.

Another (spectator, one of my very good friends) joined the surge: "They (Blue Waters) just played against weak teams now is the time to be taught a lesson. They are not what we thought they were that can really give Pirates a tough time".

I asked these guys to firstly analyze the game before uttering what could be disastrous at the end. Speaking truth to power, I told the guys that their comments were a bit too dim-witted.

They argued: "We are also good football analysts like you are", asking me "what is your analysis of this game big man?"

As investigative as I usually am, I did talk to the Blue Waters coach, on the eve of their encounter, to determine their preparedness for the match. Shipanga, without hesitation said "my team and I are going to send shockwaves to the rest of the premier league clubs and convulsion to their supporters. Mark my words.

"However, we have a slight problem because our players have never played on an artificial turf before. The first half will show us the way. The second half will be very different".

"My players are not scared of any team and if any club underestimates us they will suffer the consequences that will haunt them forever", Shipanga enthused.

True to his words Shipanga and his squad demonstrated their mission in deeds of his expressions. The first half looked a bit cautious on both sides for almost 15 minutes of the first half.

But then, Pirates launched a ferocious attack that saw Mohammed 'Slice' Ouseb breaking the silence and being complimented by his teammate Johannes Seibeb through a penalty to put the Skeletons two goals ahead.

Come second half, the blue and white outfit came out smoking with their one touch exhibit. In the blink of an eye Blue Waters scored two fast goals to equalize (2-2) through Nico Beukes and Reggie Haraseb. They made the "People's Team" (Pirates) look like any other ordinary team.

The gentleman who doubted my analysis shook my hand in approbation of my well-though post-mortem.

It was unfortunate that Bolle Haraseb was earlier on denied by a cross bar after he sent Pirates goalkeeper, Athiel Mbaha, a wrong way. Both teams wasted a lot of goal scoring opportunities.

In the final breakdown Blue Waters went down by 3-2 after their goalkeeper, Banana Shiku, fluffed when he comfortably got hold of the ball but as he wanted to show-off through an attempt of acrobatic landing he lost concentration and the ball dropped just in front of Maritz Swartbooi who celebrated his Christmas way too early. That's the way the cookie crumbled.

TEAM RETURN ISSUE STILL ABHORRENT

Still on the same game, I noted that it is still a long way to go before see our club administrators turn and act like professionals. Why so? One may ask. Well, it's just this old issue of team returns that does not come right.

Pirates issued a team return, neatly typed on an A4 paper and not on the NPL approved form. The so-called A4 typed paper does not conform to the rules and regulations of the NPL for it did not bear the names of the officiating referees.

Worse is still to come. Blue Waters distributed a handwritten paper that contained names of players in their playing formation without the referees' names.

Drastic steps should be taken against the culprits who disobey the rules and regulations of league. If club administrators fail to practice a simple thing like using the right team return forms, what would they be able to do right to turn our football professional?

Do it right the first time. Iron out the small obstacles first before aiming to bigger things. Even an illiterate person will notice the small mistakes the clubs are disregarding. To flourish with your vision, mission and core values you should implement what you have set yourself to accomplish, but first thing first.

If you jump some steps on the ladder to get to the top you fall hard and would not be able to pick yourself up ever again.

This is how we the watchdogs report you to JJD and his colleagues at the NPL so that they can get you in the right gear or get penalized. On this issue there is no compromise, the club administrators should simply "reg kom of weg kom" and no excuse whatsoever.